

# SAMARITANS

## We not only listen – we talk too

If you belong to a group and you would like to book a speaker from Samaritans then we are very happy to come to your group and talk.

We have a video presentation, an overhead slide presentation and good old simple speaking.



Our talks have a positive theme and are both humorous and thought provoking. Whilst we use Emotional Health as our theme we offer a positive message.

Talks are often 20 minutes long with 10 minutes for questions at the end. We will cover suicide as a topic during the talk and we will explain the work that Samaritans do in society.

Please say yes, we would love to meet your group.

*Samaritans are available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress or despair, including those that may lead to suicide. With over 5 million calls coming in every year, we try to make a real difference to others.*

*Over 18,000 volunteers offer support in over 100 centres in the UK and Eire.*

You can return this form to:

**SPEAKERS**  
Reading Samaritans  
59a Cholmeley Road  
Reading  
Berkshire  
RG1 3NB

You can e-mail:

[nigel@securitrac.com](mailto:nigel@securitrac.com)

You can contact us on:

**0118 926 6333**

Your name?		
Your Group?		
Where do you meet?		
How can we contact you?	Tel:	Email:
Give us a date and time to aim for.		
How many people could we expect to attend?		